



LONG ISLAND LIZARDS SCOUT NIGHT

- **Long Island Lizards v. Denver Outlaws**
- **James M Shuart Stadium @ Hofstra University**
 - **Saturday June 23, 2012 @ 7 pm**
 - **Activities begin @ 4 PM**

Fun filled afternoon with activities that Scouts of all ages will enjoy. All followed by an exciting Lizards Game!

Some things the Scouts will enjoy:

- Major League Lacrosse Game
- Each troop that attends will be welcomed over the PA during the Lizards Game
- A Lizards Patch
- Each scout will be entered into a raffle for a pair of Lizards shorts

There will be activities to help scouts earn a Athletics Badge

****Activities will start @ 4 pm****

- Visit from Lizards physical trainer to explain first aid for sports related injuries, the importance of a physical exam, and how to maintain healthy habits
- Explanation of lacrosse rules and how the game is played. As well as why warming up and cooling down are very important
- We will have station for some physical activities:
 - 100 and 200 meter sprint
 - Long Jump
 - Pull and Push up competition
 - Lacrosse toss for accuracy and distance



Long Island Lizards Present Scout Day

Saturday, June 23, 2012 @ 7 pm – Lizards vs. Outlaws

- Troops from all over Long Island are welcome to be a part of our fun filled day
- Troops will receive discounted tickets as well as a Lizards patch
- Each Troop will receive a pre-game welcome announcement
- Activities will be held before the game for scouts and will include requirements for earning the Athletics Merit Badge

Contact Person: _____ Troop: _____

Street Address: _____

City: _____ State: _____ ZIP: _____

Email Address: _____

Phone #: _____ Fax #: _____

TICKETS

Discounted tickets _____ @ \$13.00 Total: _____

PAYMENT

Payment via check (make payable to: Long Island Lizards), credit card or cash



Method: Discover MasterCard AmEx VISA Check

Credit Card #: _____ Exp. Date: _____ PSC: _____

Name of cardholder (if different from contact): _____

Signature: _____

Fax: 631-424-2906  231 East Jericho Turnpike Huntington Station NY, 11746

Contact: Sal LaMonica  631-424-2606  sal@longislandlizards.com