

The Student Services Department
of the South Huntington School District
is pleased to present



South Huntington's Parent University is an opportunity to sharpen our skills as we engage in life's most important and demanding pursuit: raising successful children.



Parent University's Free Workshops Now Include
Many New Topics About Health & Wellness!

Thursday, May 2, 2019 - 4:30-9:00PM



Walt Whitman High School
301 West Hills Road, Huntington Station, NY 11746
FOR ADDITIONAL INFORMATION CALL: (631) 812-3928
www.shufsd.org

Hay
Presentaciones
En Español!

REGISTRATION FORM

First Name: _____ Last Name: _____
Address: _____
Town: _____ Zip: _____
Phone#: _____ Email: _____

Program Registration begins at: 4:30 PM
*Childcare Registration will begin at: 5:00 PM
Dinner begins at 4:30 and ends at: 6:00 PM
Vendor Gallery available from 4:30 to: 8:00 PM
Workshop Group A begins at: 6:15 PM
Workshop Group B begins at: 7:15 PM
Keynote Speaker Presentations begin at: 8:00 PM
Program ends at: 9:00 PM

Keynote Speaker - 8PM

Gregson Hugh Pigott, MD, MPH

Spanish Audience Keynote Speaker - 8PM

Harold Alberto Fernandez, MD

*Child care is for current South Huntington students grades Kindergarten and up only.

Please select 1 workshop from session A and 1 workshop from session B

Session A - 6:15 PM Workshops

- 1A - Parents as Writing Partners: Seeing the Power of Your Child's Voice
- 2A - Behavioral Strategies for Young Children
- 3A - Special Education and the Haitian Student
- 4A - Praise the Process Not the Person - Improving Your Child's Self-esteem
- 5A - 'Tis the Season to Be Wheezin'
- 6A - Tough Conversations: Communicating with Teens about Drugs and Alcohol
- 7A - Mindfulness
- 8A - Todo lo que necesito saber sobre el desarrollo de mi niña/o.
- 9A - Educación Especial 101
- 10A - Educación Financiera para familias inmigrantes
- 11A - Recursos comunitarios
- 12A - "¿Es una fase o una señal?!: Apoyando el bienestar emocional de nuestros hijos
- 13A - Oportunidades gratuitas en nuestra comunidad: Aprenda un oficio, aprenda inglés o prepárese para la universidad.

Session B - 7:15 PM Workshops

- 14B - At Risk: What ADHD puts your kid at risk for and what you can do about it
- 15B - Helping Kids Decrease Stress and Anxiety
- 16B - Special Education 101
- 17B - Healthy Families, Healthy Children
- 18B - Hands-Only CPR
- 19B - Mental Health 101
- 20B - THiNK: Lessons Learned From A Career Changer
- 21B - ¿Cómo aprenden los niños a leer y a escribir? ¿Qué puedo hacer en casa para ayudarlos?
- 22B - Todo lo que necesita saber cuando busca vivienda
- 23B - Conozca las señales y los síntomas de los niños y adolescentes con necesidades de salud mental.
- 24B - SEPA Mujer Inc. Alivio Migratorio y Programas de Liderazgo
- 25B - La nutrición contribuye al bienestar
- 26B - La Asociación de Estudiantes Inmigrantes de Long Island (LIISA), un grupo de apoyo en nuestra comunidad.



Please send this completed form as soon as possible to the main office of your child's school in an envelope marked 'Parent University' For additional information and to register online go to: [http://www.shufsd.org/community/parent university](http://www.shufsd.org/community/parent%20university)
Or mail to Parent University @ WWHS 301 West Hills Road, Huntington Station, NY 11746

