

I feel better prepared to respond to almost any medical situation I encounter. The training has greatly increased my confidence and comfort in dealing with medical situations.

- Erik Hanna, 4H

#### Day One

- Emergency Management
- Musculoskeletal Injuries
- Splinting
- Dislocations

#### Day Two

- Soft Tissue Injuries
- Shock
- Diabetes
- Head Injuries
- Heat and Cold Related Illness
- Asthma and Anaphylaxis

- Alpine NJ:  May 25-26  June 29-30  December 7-8 (Bergen County)  
Palmyra NJ:  April 13-14  June 8-9 (Burlington County)  
Harrisburg PA:  July 13-14

Class fee from \$240. To reserve space, please return this registration form and your check made payable to Wilderness First Aid to Wilderness First Aid, 214 East Duncan Avenue, Alexandria, VA 22301. For more information visit **wfa.net** or call (703) 836-8905. (You can pay online at our website).

Name: \_\_\_\_\_

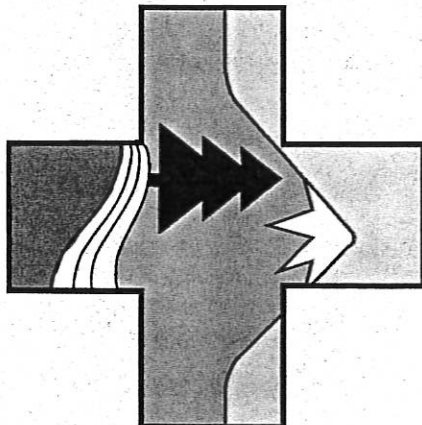
Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: (day) \_\_\_\_\_ (evening) \_\_\_\_\_

Email: \_\_\_\_\_

**Wilderness  
FIRST AID  
Certification**



**2019**

**Alpine, NJ**

**Palmyra, NJ**

**Harrisburg, PA**

**wfa.net**

The quality, depth and professionalism of your class exceeded all expectations ... and the outdoor scenarios really reinforced the classroom sessions by bringing all the pieces together in a very realistic setting.

— *Frank Alexander, BSA*

Your approach, using structured methods, rapidly increases a person's prevention and first aid capabilities. You beautifully target the things that are critical for the wilderness environment.

— *Karl Kerschner, BSA*

I especially liked your emphasis on early warning signs; none of the other first aid courses I've taken have mentioned them at all. I'd much rather prevent or catch problems in their earliest stages than deal with more serious emergencies.

— *Jennifer Whitenack, Girl Scouts*



Wilderness First Aid is a program of the Wilderness Safety Council. It is a comprehensive lesson in reacting, responding, and saving life in remote, life-threatening situations.

**No previous experience is required.**

Lecture and discussion, practical exercise and outdoor scenarios help students gain confidence, and encourage the development of critical decision making skills.

This two-day, 18 hour class prepares you to handle backcountry emergencies. It is designed for trip leaders, camp counselors, and outdoor enthusiasts.

The class **does not** include CPR certification. It provides an in-depth introduction to patient assessment, musculoskeletal and soft tissue injuries, splinting, and a variety of other topics.

Wilderness First Aid is recognized by the American Camping Association, Boy Scouts of America, National Sierra Club, and others.

Course Fee from \$240.

A confirmation letter, including directions and additional information, will be sent prior to your class date.

For a current class schedule visit our web site:

**wfa.net**

or call:

**(703) 836-8905**