



CASTAWAY

Adventure

<https://scoutermom.com/cubscout/webelosaol-elective-adventure-castaway/>
<https://scoutermom.com/cubscout/webelosaol-elective-adventure-castaway/>
http://www.boyscouttrail.com/webelos/webelos_adventures.php
<https://meritbadge.org/wiki/images/c/cf/Castaway.pdf>

Shipwrecked Games, Resources, and Crafts

More Information

Cub Scout: [Tiger Elective Adventure: Floats and Boats](#), [Webelos/AOL Elective Adventure: Castaway](#), [Wolf Elective Adventures: Spirit of the Water](#) Theme: [Ocean Cub Scout Theme](#), [Under the Sea](#)

Looking for games or resources related to pirates, desert islands, or sea ships? Check out this [Shipwrecked theme page](#) for ideas. Many of these would work well with my Ocean theme or my Under the Sea theme for Cub Scouts.

It includes games like Bail the Ship, Buried Treasure, Lost on an Island Icebreaker, Treasure Hunt, and more.

Photo by Nick Ferrari; Illustration by Joel Holland

Recent natural catastrophes, from hurricanes to western wildfires, are a fresh reminder that disaster can strike at any time. And no area of the country is immune, when you factor in the threat of tornadoes, earthquakes and human disasters like toxic spills. While the circumstances may differ, there's one tip that every person needs to take from all these situations: how to pack a "go bag."

A go bag is a packed case that you grab on your way out the door, and that will help keep you safe and comfortable in the coming hours and days. Stopping to hunt for your medications or other important needs can cost you critical seconds in an evacuation. Pack a separate go bag for yourself and every member of your household and keep them stored in the same location.

I've interviewed hundreds of disaster victims and compiled their recommendations below.

Basic electronics

Pack an extra phone charger in case you're fortunate enough to have electricity, and a portable battery pack in case you're not. Also stash a long-lasting LED flashlight. Pack a small hand-cranked or battery-operated AM/FM radio (with extra batteries).

Personal needs

While getting ready for a typical day, list every toiletry you use, then buy a travel-size version of each. Pack backup eyeglasses, as well as a first-aid kit, baby wipes and a multipurpose tool with a knife and can opener.

Clothing

Pack a few days' worth. Include layers you can add or remove, plus lightweight rain gear and waterproof boots.

Your meds

Pack about three days' worth of each of your prescriptions, which should last until you can get to a pharmacy that's open. If you need larger items, such as an oxygen tank, make sure you have a portable version.

The perfect bag

Think small and portable. A backpack is ideal, but a lightweight suitcase with wheels will also do. Just remember, you may literally be running with it.

Paperwork

Fill a zip-top waterproof bag with photocopies of your birth certificate; driver's license; Social Security and Medicare cards; power of attorney and will; any marriage, adoption or naturalization certificates; proof of address; insurance, medical and immunization records; and information about your credit and ATM cards.

Food and drink

Bottled water is essential. Granola or energy bars are great because they are small and filling, and they come in a variety of flavors.

Cash

In addition to enough money for a few days, include small bills and a roll of quarters. If you need to buy something out of a vending machine, you don't want to start asking equally desperate strangers for change.

Jeff Rossen is NBC News' national investigative correspondent and the author of the new survival and fraud-fighting book *Rossen to the Rescue*.

Wilderness Survival Gear

Personal Survival Kit Sample Contents

Wilderness survival kits contain different items than an *Emergency* survival kit for the home. Items you choose to include in your kit may also need to reflect the area and time of year of your adventure.

A personal survival kit is intended to be kept on your person at all times while in the wild and opened only in emergency. In addition to the kit, you should also always have your essential tools listed below.

None of this does any good unless you have a plan and knowledge on how to use it. For example, if you don't know how to fish, the tiny fishing kit is just extra weight.

Personal Survival Kit

Weight = 10 oz.

1	Two Piece Aluminum Container, 3 7/16" x 6" x 1 1/16"
1	Signal Mirror
1	Spark-Lite Firestarter Flint
10	Spark-Lite 'Fire Tab' Tinders
10	Windproof/Waterproof Matches and Striker
1	Wire Blade Survival Saw
1	Fishing Kit: 10 hooks, 2 swivels, 4 split shot, 25ft. of 20lb. line, 10 ft. of 8lb. leader
25 ft	nylon dental floss
1	Mini-compass
3 oz.	SPF30 sunblock
Medical Supplies (in zip-log baggie, replace expired items as needed)	
4	Band-aids, 1 x 3 in.
2	Band-aids, 2 in.
2	Antibiotic Salve
6	Wound Closure Strips, 1/4' x 2' (butterfly bandage)

2	Povidone Iodine Solution, .6 ml ampule/swabs
6	Pain killer pills
50	Water purification tablets (Potable-Aqua)
2	1 qt. plastic zip-loc bag
20 ft	Nylon Cord
9 ft	Electrical Tape (wrapped around kit to seal it)
2	Large Sewing Needles
10 ft	Sewing Thread
1	Plastic magnifying Glass (plastic)
8	Safety Pins
8 sq. ft	Aluminum Foil
1	Small Pencil
4	waterproof paper (Rite In The Rain)
1	First Aid instructions

Mini Survival Kit

Weight = 6oz.

1	Tin container (Altoids)
1	Polished aluminum tape applied to interior of lid, protected by peel-away sheet.
1	Spark-Lite Fire Starter (See It)
4	Windproof/Waterproof Matches and Striker
1	Fishing Kit: 6 hooks, 2 swivels, 4 split shot, 25ft. of 20lb. line, 10 ft. of 8lb. leader
20 ft	nylon dental floss
1	Wire Survival Saw
1	Mini-compass
2	Band-aids, 1 x 3 in.
2	Band-aids, 2 in.
6	Pain killer pills
6	Antibiotic cream
25	Water purification tablets (Potable-Aqua)

9 ft	Nylon Cord (wrapped around kit)
3 ft	Electrical Tape (wrapped around kit to seal it)
16 in	Duct Tape
10 ft	Sewing Thread
2	Sewing Needles
6	Safety Pins
5 sq. ft	Aluminum Foil
1	Small Pencil
2	waterproof paper (Rite In The Rain)

Mini Survival Kit

Essential Personal Equipment
Pocketknife
Knife Sharpener
Whistle
Flashlight
Compass
Signal Mirror

72-HOUR SURVIVAL KIT

Buy smart and keep these items inside the emergency kit

5 EVERYWHERE
www.mearn's.com.ph

WHISTLE
Use a whistle to attract attention. It is louder than shouting and can be heard over a long distance.

BOTTLED WATER
You will need water to survive. If you are in a survival situation, you will need to drink water. Bottled water is a good option because it is clean and easy to carry.

CELLPHONE
A cell phone is a great way to stay in contact with family and friends. It can also be used to call for help if you are in a survival situation.

BATTERY-OPERATED RADIO
A battery-operated radio is a great way to stay informed about the latest news and weather conditions. It can also be used to call for help if you are in a survival situation.

READY-TO-EAT FOOD
Ready-to-eat food is a great option because it is easy to carry and doesn't require cooking. It can also be used to provide energy and sustenance during a survival situation.

EMERGENCY MONEY
Emergency money is a great way to have cash on hand in case you need it. It can be used to buy supplies or pay for services during a survival situation.

CLOTHES
Clothes are essential for survival. They can provide protection from the elements and help you stay warm and dry.

FLASHLIGHT
A flashlight is a great way to see in the dark. It can also be used to signal for help or to illuminate a path during a survival situation.

IMPORTANT DOCUMENTS
Important documents are a great way to have proof of identity and ownership. They can be used to identify you and your belongings during a survival situation.

FIRST AID KIT
A first aid kit is a great way to have supplies on hand in case you or someone else is injured. It can be used to provide first aid and help you survive during a survival situation.

EMERGENCY NUMBERS
RESCUE 5 HOTLINE | 922-5155
OR SEND TXT PNP TO 2920

PNP | 117

NATIONAL DISASTER AND RISK REDUCTION AND MANAGEMENT COUNCIL
020 811-1408, 020 812-2985
020 812-0886, 020 811-1873

Do you know Scouting's 10 outdoor essentials?

Remember to bring
these 10 items on
any outing!

boyslife.org

