

- **The Buddy System**

- **Stop Safety Measure if you get lost**

- **S**tay put (It is easier for rescuers to find a stationary person than one who is moving.);
- **T**hink (Consider what resources you have should the situation extend into overnight.);
- **O**bserve (Take note of your surroundings; is there shelter from the cold or storms?);
- **P**lan (Determine what you can do to conserve energy and be as comfortable as possible.).

- **Outdoor Code**

- As an American, I will do my best to –
- Be clean in my **outdoor** manners,
- Be careful with fire
- Be considerate in the **outdoors**, and
- Be conservation minded

- **Cub Scout Leave No Trace Pledge**

I Promise to apply the Leave No Trace front county principles wherever I go:

1. Know Before You Go
2. Choose The Right Path
3. Trash Your Trash
4. Leave What You Find
5. Be Careful With Fire
6. Respect Wildlife
7. Be Kind To Other Visitors

10 Essentials for the Outdoors (6 for Cub Scouts)

1. First aid kit

3. Flashlight

5. Sunscreen and sun protection

7. Map and Compass

9. Pocket knife

2. Filled water bottle

4. Trail food

6. Whistle

8. Rain gear

10. Matches or fire starters.