C.O.P.E. and Climbing Programs

Baiting Hollow Scout Camp
1774 Sound Ave.
Calverton, NY 11933
631-727-1614

We put lots of **FUN**
In our Challenge Course

- **Low Course**
  - Full Weekend COPE Experience (Lo/Hi): $85
  - Full Day High Course: $60
  - Full Day Low Course: $40
  - Full Day Climbing / Rappelling: $15
  - Half Day Climbing: $10

- **High Ropes Course**
  - Full Weekend COPE Experience (Lo/Hi): $125
  - Full Day High Course: $85
  - Full Day Low Course: $65
  - Full Day Climbing/Rappelling: $35
  - Half Day Climbing: $25

- **Zip Line**
  - Full Weekend COPE Experience (Lo/Hi): $125
  - Full Day High Course: $85
  - Full Day Low Course: $65
  - Full Day Climbing/Rappelling: $35
  - Half Day Climbing: $25

- Minimum total fee is 10 times the participant fee.
- Ask about other packages that include meals and lodging.

Challenging Outdoor Personal Experience

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Baiting Hollow Scout Camp

We also offer team building programs for adults, corporate groups, colleges and others. For information on these programs, please contact Jim Grimaldi at 631-727-1614

Boy Scouts of America, Suffolk County Council

www.sccbsa.org
C.O.P.E.

Project C.O.P.E. incorporates a series of outdoor challenges designed to foster problem solving and teamwork in a group setting. At Baiting Hollow Scout Camp, the focus is on fun filled challenges. Most people find that they can do much more than they initially thought. By the end of the program, participants learn more than they ever expected. All activities are “Challenge by Choice.” Everyone is encouraged by staff and team members, but no one is forced to participate in the activities.

High Course: The high course focuses on developing trust, teamwork and self esteem through activities requiring high-intensity communications and leadership. High course activities are designed to “push the envelope” and participant’s comfort zones through various challenges on high course elements.

Climbing/Rappelling: Climbing offers opportunities to learn new skills, expand personal boundaries, problem solve, and test yourself. It’s hard to beat the satisfaction of climbing to the top.

Safety First! Trained instructors are present with each group during every phase of the course. We stress safety in everything we do and will not accept anything less.

FUN: At Baiting Hollow Scout Camp, we make sure fun is a major goal of the program. When you are having fun as you work through the challenges, you will accomplish the other goals.

“The most fun I’ve had since I joined Scouts”
“The flying squirrel was exhilarating”
“Awesome staff – when can we come back?”

“Our Scouts were engaged from the beginning and they slept well that night”
“I really accomplished a lot today”
“The zip line was amazing – WOW!”

Low Course: Activities focus on developing teamwork, decision making, and communications through various team building activities, group initiatives, and problem solving activities. The session may also include trust exercises if the group is planning to include high course elements as part of the program.

Project C.O.P.E. emphasizes the following major goals

Communication: Encourages real learning of critical listening and discussion skills important for any group attempting to accomplish difficult tasks.

Planning: Project COPE participants are encouraged to consider and/or develop goals for each activity and options for achieving those goals, utilizing the groups strengths to devise and carry out a course of action. Nontraditional solutions that are x may be appropriate.

Teamwork: Teamwork is the key that allows a group to meet a challenge successfully. The C.O.P.E. experience makes it clear that each individual can accomplish more as a member of a team, than going at it alone.

Trust: Participants completing difficult tasks on a C.O.P.E. course develop trust in staff members, the safety of the course, other team members, and themselves.

Leadership: Leadership is given and assumed naturally, and can be expressed in many ways. Team members will have many opportunities to develop and exercise leadership skills.

Decision Making: Groups make decisions by developing one or more solutions to a problem, considering the available resources and alternatives, and evaluating the possible results.

Problem Solving: Challenges groups and individuals to develop solutions to interesting problems. Participants test their solutions and evaluate the results.

Self Esteem: Meeting the challenges of a C.O.P.E. course allows individuals and groups to develop self esteem, and encourages them to adopt challenging attainable goals.